Unitarian Universalist Fellowship of Vero Beach
Covenant Groups

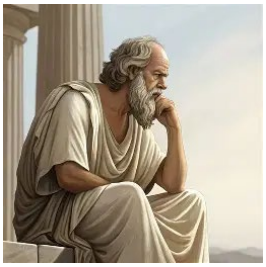
What Do You Wonder About?
December, 2026

Chalice Lighting

May we know once again that we are not isolated beings,
but connected, in mystery and miracle,
To the universe, to this community, and to each other.

Check-in: What is most on your mind today?

Opening Reading:



Socrates was an ancient Greek philosopher of the 5th century BCE, widely regarded as a founder of Western philosophy. He was the original "wonderer." He developed the Socratic method—probing dialogue to expose ignorance and provoke self-examination. He held that virtue is knowledge and declared that "the unexamined life is not worth living." Tried for impiety and corrupting youth, he chose to die by drinking hemlock rather than abandon his principles.

Topic Exploration:

According to Socrates, "Wonder is the beginning of wisdom." When we wonder, we expand our awareness of what is possible. When we allow ourselves to be curious, we start asking ourselves questions that we may have not thought of before. Wondering resists premature closure and allows ideas to percolate. It prioritizes intuition, creativity, and openness to change. Wondering helps individuals analyze complex situations, anticipate potential outcomes, and choose actions that minimize harm while maximizing benefits. a It reduces impulsive or reckless behavior and promotes thoughtful, deliberate choices. Wondering supports long-term well-being by helping people make choices aligned with their values and life purpose. It encourages a balanced perspective, reducing loneliness and enhancing life satisfaction.

Sharing: Think about your security, health, family, technology, AI, the environment, or retirement. Instead of Questions, finish these incomplete sentences:

1. I wonder if…

2. I wonder why…

3. I wonder about…

4. I wonder when…

5. I wonder whether…

6. I have wondered since my childhood about…

7. I wonder if I will…

8. I will probably always wonder…

Closing Reading:

It is always with excitement that I wake up in the morning wondering what my intuition will toss up to me, like gifts from the sea. I work with it and rely on it. It's my partner.

Jonas Salk

Check-out and reflections on today's session: Please express any closing thoughts on the content or process of today's session.

Extinguishing the Chalice

We extinguish this flame but not the light of truth,
The warmth of community, or the fire of commitment.
These we carry in our hearts until we are together again.

Housekeeping

UUFVB covenant groups program/sb