



Unitarian Universalist Fellowship of Vero Beach

1590 27th Ave Vero Beach, FL 32960 772-778-5880 uufvb.org

October 9, 2022

October Theme – Courage

CARING CORNER

Each week we gather, with our own joys and sorrows, gifts and needs. Let us hold these individuals as part of our greater whole, with a full and generous heart.



Wendy West is recuperating at home following recent back surgery. Cards and prayers are appreciated.

Russ Bell is undergoing surgery for a brain tumor on 10/21, please send him light and love!

Let us also keep those affected by Hurricane Ian in our hearts as many will face a long recovery from the destruction of this powerful storm.

There are those who have pastoral concerns who wish to remain anonymous but be assured our minister and the pastoral care team are aware of these people and keep in touch.

ANNOUNCEMENTS

Social Justice: The deadline is fast approaching for the *me and white supremacy* discussion group starting on Saturday, Oct. 22nd. Jack Stiefel and Steve Becker are facilitating. This personal exploration group will meet for 5 sessions on successive Saturday mornings 10am in the lobby. There is no cost involved. For more information and to sign up, see Steve Becker in the lobby after the service at the Adult Faith Development table.

Enjoyment Books: Once again the yearly Enjoyment Books are available for \$35. UUFVB will receive \$10 for each book sold. Please support this annual fundraiser. Rod & Jean Baker will be selling the Enjoyment books at a table near Fellowship Hall following Sunday services.

HELP WANTED: The Fair Trade Corner needs you to help keep our doors open. Please join our dedicated team and inquire in the corner or contact pampelliccia@gmail.com or at 203-517-8772.

Unitarian Universalist Fellowship of Vero Beach

Order of Service - Sunday October 9, 2022

October Theme – Courage

Rev. Kaaren Anderson

Gathering Music

Margretta Fosse

**Welcome
Announcements**

Rev. Kaaren Anderson

Introit

“Blessed Be”

Words and Music
Grace Lewis McLaren

UUFVB Choir

**Opening Words
Time of Greeting**

Rev. Kaaren Anderson

Hymn #126

“Come, Thou Fount of Every Blessing”

Words by Robert Robinson, Eugene B. Navias
Music by John Wyeth

Kindling the Chalice Flame

Rev. Kaaren Anderson

***Out of the flames of fear
We rise with the courage of our deepest convictions
to stand for justice, inclusion and peace
We rise with the force of love
a love that celebrates our shared humanity
Out of the flames we rise.***

-Rev. Sara LaWall (adapted)

Sustenance Sunday
Indian River County Food Pantry & UUFVB Transitional Meal Program

Offertory ***“Fuente de Amor”*** UUFVB Choir
Words by Ervin Barrios
Melody by Carolyn McDade

Community Connections Rev. Kaaren Anderson
Hymn #123 ***“Spirit of Life”***
Words and music: Carolyn McDade

Meditation and Shared Silence Rev. Kaaren Anderson

Reflective Music Margretta Fosse

Sermon ***“It’s Time to Pull Out the F Word!”***
Rev. Kaaren Anderson

Reflective Music Margretta Fosse

Hymn #1026 ***“If Every Woman in the World”*** vs 1,3,4

Benediction Rev. Kaaren Anderson

Music Director Emily Dreher
Piano Margretta Fosse
Audio/Video Al Parmentier, Sue Nalepa, Violante Fioravanti, Larry Phillips

CELEBRATING THIS WEEK

ANNIVERSARIES

Sue & Larry Nalepa 10/15

Sue & Les Bromwell 10/15

BIRTHDAYS

Jim Daly 10/10, Susan Ketterer 10/10

Robert Scofield 10/10, Roy Swenson 10/12

Kim Lorimer 10/13, Ellen Lagerquist 10/15



Interim Religious Educator: Lorelle Hicks

October theme: Courage

If you have any questions regarding your child's curriculum my email address is:

Lorellehicks772@gmail.com

UUFVB Calendar

Sunday, October 9, 2022

10 am Sunday Service

Fair Trade Corner OPEN

11:30 Music Committee, Lib

Monday October 10, 2022

7pm Rental

Tuesday, October 11, 2022

9:30 -11am Library Open

10am Covenant -Gen L, Lobby

11am Executive Board, Library & Zoom

1:30pm Covenant – Suzy B, Library & Zoom

2pm Computer Whisperer – Linn Kezer, OB

5:30pm Buddhist sitting, OB

Wednesday, October 12, 2022

10am Facilities counsel, Library & Zoom

10am Qiqong/ Yoga, Lobby

11am Choir, CR

3:30pm Soul Matters

6:30 Voice, CR

Thursday, October 13, 2022

10am Art Wall down

11am Grief Class, Lobby

1:30 Rental, CR

4pm Covenant – Hester B, offsite

Friday, October 14, 2022

10am Art Wall Up

9:30 Art Group, Library

2:15 Ukulele group, CR

4pm Soul Matters, Zoom

Saturday, October 15, 2022

Sunday, October 16, 2022

11:10 UU101, minister's office

3pm Space Coast Symphony, S

Next Sunday: Oct. 16th -Rev. Kaaren Anderson ***"Before I Die I Want To. . . "***

"What does it take to live a life wholeheartedly and fully? It seems to me it involves some retrospection and more than a few valiant leaps into the unknown by getting into right relationship with who you and who you want to be, and then. . well, jumping. That's right. What tight rope are you willing to walk, to most fully feel alive?

UUFVB is pleased to inform you that this order of service is printed on 30% recycled paper