

Unitarian Universalist Fellowship of Vero Beach

Sunday, May 31, 2020

Rev. Scott Alexander

“Patience is not simply the ability to wait – it’s how we behave while we’re waiting.”

Joyce Meyer

Sunday Service YouTube Link

<https://youtu.be/NuHK84WVZqg>

Centering Music

Jason Hobratschk, Guest Pianist

Welcome & Announcements

Rev. Scott Alexander

Introit

“Blessed Spirit of My Life”

Opening Words

Rev. Scott Alexander

Hymn #65

“The Sweet June Days”

1. The sweet June days are come again; once more the glad earth yields its golden wealth of rip’ning grain, and breath of clover fields, and deep’ning shade of summer woods, and glow of summer air, and winging thought and happy moods of love and joy and prayer.
2. The sweet June days are come again; the birds are on the wing; bright anthems, in their merry strain, unconsciously they sing. Oh, how our cup o’er brims with good these happy summer days; for all the joys of field and wood we lift our song of praise.

Kindling the Chalice Flame

Rev. Scott Alexander

*The sun rises faithfully upon the morning,
We waken faithfully into the light.
Our hope and purpose are a faithfully rising sun within us,
To enlighten the labor of our days.*

Rev. Kenneth Patton

Time for All Ages

“The Marshmallow Test”

Media Clip by Igniter Media

https://www.youtube.com/watch?v=QX_oy9614HQ

Presented by Kelly Stephens
Director of Youth and Family Ministry

Offertory

Jason Hobratschk

Sunday Fund

Gifford CC & R Center

Please make checks payable to UUFVB with "Gifford CC & R" in the Memo line.

Community Connections

Sharing of Joys, Concerns, and Prayers

Rev. Scott Alexander

Ritual of Stones and Water

Hymn #123

"Spirit of Life"

Video Before the Sermon ***"Transform Frustration with Patience"***

By Dr. Judith Orloff

Author of ***Emotional Freedom***

<https://www.psychologytoday.com/us/blog/emotional-freedom/201209/the-power-patience>

Anthem

"Meditation on Breathing"

Elizabeth Borne

Sermon

"The Spirituality of Patience"

Rev. Scott Alexander

Hymn #88

"Calm Soul of All Things"

1. Calm soul of all things, make it mine to feel, a – mid the city's jar, that there abides a peace of thine I did not make, and cannot mar.
2. The will to neither strive nor cry, the power to feel with others, give. Calm, calm me more; nor let me die before I have begun to live.

Benediction

Rev. Scott Alexander

Postlude and Extinguishing the Chalice Flame

Rev. Scott Alexander and Jason Hobratschk

Music

Elizabeth Borne, Jason Hobratschk, Kathy and Stewart Barnes

Join us for Zoom Coffee Hour at 11am Sunday

<https://us02web.zoom.us/j/88207118405?pwd=d0d5ckh2RmVwQWYyL3BWWEtWODM4Zz09>

Dial by your location: +1 646 876 9923 US (New York) Meeting ID: 882 0711 8405 Password: 374374