

Unitarian Universalist Fellowship of Vero Beach
Sunday, May 3, 2020
Rev. Scott W. Alexander

“A Good Half of the Art of Living is Resilience”

Alain de Botton

Centering Music Jason Hobratschk, Guest Pianist

Welcome & Announcements Rev. Scott Alexander

Introit *“When the Spirit Says Do”* Elizabeth Borne
Collins Mikesell

Call to Worship Rev. Scott Alexander

Hymn# 42 *“Morning, So Fair to See”*

1. Morning, so fair to see, night, veiled in mystery- glorious the earth and resplendent skies! Pilgrims, we march along, singing our joyous song, as through an earthly paradise.
2. Tall are the verdant trees; deep are the flashing seas; glorious each wonder the seasons bring. Brighter is faith's surmise, shining in pilgrim eyes, from which our waking spirits spring.
3. Age after age we rise, 'neath the eternal skies, into the light from the shadowed past: still shall our pilgrim song, buoyant and brave and strong, resound while life and mountains last.

Kindling the Chalice Flame Rev. Scott Alexander

Defenseless under the night

Our world in stupor lies...

Yet, dotted everywhere,

Ironic points of light

Flash out wherever The Just

Exchange their messages:

May I, composed like them

Of Eros and dust,

Beleaguered by the same

Negation and despair,

Show an affirming flame.

W.H. Auden

Time for All Ages ***“What Do You Do With A Problem”*** by Kobi Yamada
Kelly Stephens

Offertory Jason Hobrattschk

Sunday Fund ***IRC Volunteer Ambulance Squad***
Please make checks payable “IRC Volunteer Ambulance Squad” in the Memo line.

Community Connections Rev. Scott Alexander

Sharing of Joys, Concerns, and Prayers Rev. Scott Alexander

Ritual of Stones and Water ***“Spirit of Life”***

Video Before the Sermon ***“Building Resilience: 5 Ways to a Better Life”***
by Dr. Stephen Marmer

<https://www.bing.com/videos/search?q=resilience+&&view=detail&mid=C06408DD1FCC9F81F53CC06408DD1FCC9F81F53C&&FORM=VRDGAR&ru=%2Fvideos%2Fsearch%3Fq%3Dresilienc%2B%26FORM%3DHDRSC3>

Anthem ***“I Know I Can”*** Collins Mikesell
Elizabeth Borne

Sermon ***“Resilience”*** Rev. Scott W. Alexander, Preaching

Hymn #6 ***“Just as Long as I Have Breath”***

1. Just as long as I have breath, I must answer, “Yes,” to life; though with pain I made my way, still with hope I meet each day. If they ask what I did well, tell them I said, “Yes,” to life.
2. Just as long as vision lasts, I must answer, “Yes,” to truth; in my dream and in my dark, always: that elusive spark. If they ask what I did well, tell them I said, “Yes,” to truth.
3. Just as long as my heart beats, I must answer “Yes,” to love: disappointment pierced me dark, still I kept on loving you. If they ask what I did best, tell them I said, “Yes,” to love.

Benediction Rev. Scott Alexander
Postlude and Extinguishing the Chalice Flame Jason Hobrattschk