



September 15, 2019

## Mortgage Paydown Fund Has a Good Start

We kicked off the first month of the Bastian Matching Campaign with the goal of raising \$50,000 from the congregation between August 1 and November 30. The donations will be matched by Bill Bastian, with all proceeds going directly to reduce our UUFVB mortgage.

I am happy to report that we received a robust response in August. Over 35 members and friends have sent in their contributions for a total of \$17,610. Bill will match the grand total of contributions in December.

Thank you to all who have contributed. We urge all members and friends to give what you can to meet this worthwhile goal of paying off our mortgage early. If it's easier for you to contribute in monthly installments, please feel free to do so. Please help us reach our goal of \$50,000.

--Submitted by Rebecca Hornbuckle, UUFVB Treasurer

## Volunteer on Oct. 5 for the Day of Caring

United Way's "Day of Caring" is a massive one-day volunteer event on Saturday, October 5. Unlike any other day in Indian River County, countless volunteers roll up their sleeves and work together to make a difference in our community. If you are a volunteer ready to make a difference, Day of Caring is for you!

UUFVB has been invited to participate with Temple Beth Shalom in a project called Trees4Life. It's a collaboration of Pelican Island Audubon, Environmental Learning Center, and several other groups. On October 5, they are installing landscaping at Gifford Historical Museum on 45th Street, as part of the Day of Caring. Please bring your own gloves, rakes, and shovels if possible.

You can sign up for this or some other United Way project at the Social Justice Information Table on Sunday mornings or sign up on the United Way website: <https://www.unitedwayirc.org/DayofCaring>

There is also a kick-off breakfast from 8-8:30 a.m. on Oct. 5. Breakfast is FREE and will include McDonald's breakfast items, coffee, juice, and water. The breakfast location is the Citrus Bowl at Billy Livings Field across from Vero Beach High School on Sixteenth Street in Vero Beach. If there is inclement weather, the breakfast will be in the high school's Witt Gym.

--Submitted by Nancy Stiefel chair, SJSC

## Flu Clinic on Oct. 13

UUFVB will be hosting a VNA Flu Clinic at 11 a.m. on Sunday, October 13, in the Choir Room.

Getting your flu shot with the VNA helps provide charitable home health and hospice care for



those in need in our community. Unlike larger corporations, all money raised through the flu clinic stays within our community.

The VNA will be offering regular-dose and high-dose flu vaccines, as well as Pneumonia vaccines. Sign up on the rolling rack, but walk-ins are welcome.

## Ingredients Needed for Transitional Meal

There are still several items needed for the monthly meal for those in transitional housing. If you are able to provide ingredients, please sign up on the rolling rack. You may leave your donations in the kitchen anytime, as long as they are there by 1 p.m. on Tuesday, Sept. 24. Please write your name on the donation, and indicate it is for the meal program. Thank you.

--Submitted by Kathy Barnes

## Do You Play Ukulele?

Several ukulele players currently attending our UU Fellowship invite other ukulele players (any and all talent and skill levels) to meet after the worship service on Sunday, October 6. Please gather at the front of the Sanctuary to discuss logistics for meeting and practicing together.

--Submitted by Charles McNatt  
[Cdmcnatt1@hotmail.com](mailto:Cdmcnatt1@hotmail.com)  
740-269-1240



# Calendar

**Monday, September 16, 2019**

11 am Drumming, Choir Rm  
 4 pm ARE – Ethics, L  
 7 pm Covenant – Woody, L

**Tuesday, September 17, 2019**

3:30 pm Membership, L

**Wednesday, September 18, 2019**

10 am Yoga Experience, Lobby  
 2 pm Finance, L  
 2 - 4 pm Fair Trade OPEN  
 6:30 pm Choir Rehearsal

**Thursday, September 19, 2019**

3 pm Worship Cmte, L  
 4:30 pm Board of Trustees, L  
 7 pm Sisters in Spirit

**Friday, September 20, 2019**

9:30 am Open Art Studio, L  
 1:30 pm Covenant - Laura G, L

**Saturday, September 21, 2019**

9:30 am Buddhist Meditation, L

**Sunday, September 22, 2019**

10 am Sunday Service  
 11:30 am Book Group, L

**Monday, September 23, 2019**

11 am Drumming, Choir Rm  
 4 pm ARE – Ethics, L

**Tuesday, September 24, 2019**

9:30 am CG Steering Cmte, Choir Rm  
 1 pm SJ monthly Meal prep  
 4 pm Emerson Cmte, L

**Wednesday, September 25, 2019**

10 am Yoga Experience, Lobby  
 11 am Ministries Cncl, L  
 2 pm Covenant – Seekers, L  
 2 - 4 pm Fair Trade OPEN  
 6:30 pm Choir Rehearsal

**Thursday, September 26, 2019**

11 am Pastoral Care, L  
 5:30 pm Meet the Artist, Lobby  
 7 pm Covenant - Elizabeth B, L

**Friday, September 27, 2019**

9:30 am Open Art Studio, L  
 4 pm Coalition Racial Justice, L  
 6 pm Friday Potluck, FH

**Saturday, September 28, 2019**

9:30 am Sebastian Out to Breakfast,  
 Marsh Landing, Fellsmere  
 9:30 am Buddhist Meditation, L

**Sunday, September 29, 2019**

10 am Sunday Service

**Monday, September 30, 2019**

11 am Drumming, Choir Rm  
 4 pm ARE – Ethics, L

**Tuesday, October 1, 2019**

9:30 am Facilitator Circle, Choir Rm  
 12 Noon Newsletter Articles Due  
 1 pm Adult RE Cmte, L  
 6 pm 50+ Singles Potluck, FH

**Wednesday, October 2, 2019**

10 am Yoga Experience, Lobby  
 2 - 4 pm Fair Trade OPEN  
 6:30 pm Choir Rehearsal

**Thursday, October 3, 2019**

6 pm Covenant - Jen S., L

**Friday, October 4, 2019**

9:30 am Open Art Studio, L  
 10:30 am Exec. Cmte, Minister's Office

**Saturday, October 5, 2019**

9:30 am Buddhist Meditation, L

**Sunday, October 6, 2019**

10 am Sunday Service

## Sunday Services – 10 a.m.— childcare available

**September 22--“Our Complicated Relationship with Christianity (Our Dear but Difficult Mother!),”** Rev. Scott W. Alexander preaching. Scott writes, “Unitarian Universalists have an incredibly complicated and challenging relationship with Christianity, the faith tradition from which we came more than 500 years ago. This became powerfully apparent to me this year here in our congregation in Vero Beach when anxieties rose as we rented our UU facility to a conservative (and rapidly growing) Christian mega church, *Christ Fellowship*. I want to reflect this Sunday on our ambivalent relationship with the faith tradition from which we came...including an honest look at our occasional *Christian-phobia*.”

**September 29—“Reflections on The 1619 Project,”** Rev. Scott W. Alexander preaching. Scott writes, “This year -- 2019 -- marks the 400th anniversary since the first enslaved Africans landed in Port Comfort, Virginia. As the *New York Times* recently observed as it launched “The 1619 Project,” slavery “Is the country’s very origin. Out of slavery – and the anti-black racism it required – grew nearly everything that has truly made American exceptional: its economic might, its industrial power, its electoral system, diet, popular music, the inequities of its public health and education, its astonishing penchant for violence, its income inequality, the example it sets for the world as a land of freedom and equality, its slang, its legal system and the endemic racial fears and hatreds that continue to plague it to this day.” On this Sunday, we will reflect on America’s “original sin” and the incredible moral and social work it challenges us to address.”

**October 6--“Carpe Diem--Tomorrow, Maybe,”** Rev. Scott W. Alexander preaching. Scott writes, “It seems we homo sapiens procrastinate even when it comes to taking pleasure! I would like to explore this tendency, because I believe it has a great deal to teach us about our (often unrealized) potential for spiritual and emotional health.”

## Minister's Column

As the quieter days of summer disappear into our congregation's "rear-view mirror," and as the busier Fall season begins, I want to encourage each and every one of you to consider being more deeply engaged and involved in the robust life of our liberal religious community.



Starting in October -- even before our many seasonal members and friends start to return -- the activity level around UUFVB noticeably picks up. There are a wide variety of opportunities for you to get involved, and deepen your connections with the many wonderful people and activities that make up our growing and busy congregation.

The first -- and most obvious -- opportunity, of course, is to **join us every Sunday morning for spiritual enrichment and fellowship** when we gather for worship, followed by coffee hour and conversation. Sunday morning is the "life blood" of any congregation, and believe me it is just not the same without you! We are always glad to see you when you come through the door on Sunday morning!

### Many Opportunities for Participation

Then, throughout the week, there are so many diverse activities and groups that invite your participation. From our monthly "**Fourth Friday**" and **50+ singles potlucks**...to the monthly **men's and women's luncheons** and the **Se-**

## Get Involved

**bastian breakfast out**...to our many **covenant groups**, **book discussion groups**, **Friday movie nights**, and **adult enrichment classes**...to **singing in the choir**, **making coffee**, **lobby monitoring**, and **ushering** on Sunday morning...to volunteering weekdays at the **front desk**, helping out with the **Emerson Center** or **Bridges Early Learning Center**, with our monthly **transitional meal preparation**, or serving on one of our many **congregational committees and taskforces** -- including our many social justice and community service outreach efforts.

Being a part of the congregation means that you can freely pick-and-choose which avenues of involvement are a good and natural fit for you. You will find all of our congregational opportunities for personal involvement and enrichment mentioned (every two weeks) in each issue of this publication, *The Congregational Record*.

As I say to all our new members when they sign our UUFVB Membership Book, "**How much you get out of your relationship with this congregation is directly related to how much time and energy and investment you put into it...the more you give of yourself the more you will receive.**"

So please, be an active and involved participant in this busy congregation, whether you are a "member" or a "friend." The people and programs of this religious community are eager for your presence and participation, we will always welcome you, and your unique contributions.

--Yours in Faith, Scott

### Administrator Search Committee Is Formed

An Administrator Search Committee has been established to seek a new person for that position. Members are the Rev. Scott Alexander, Rebecca Hornbuckle, Jennifer Sutton, Ellen Lagerquist and Katrina Bradshaw-Pascale (exofficio).

Recommendations or applications may be sent to [administrator@uufvb.org](mailto:administrator@uufvb.org). The job description is in the office.

--Submitted by  
Rev. Scott Alexander

### Give Katrina a Going-Away Gift

Our valued Fellowship Administrator, Katrina Bradshaw-Pascale, has announced her intention to retire from her position on-or-about November 1.

We will be honoring Katrina's years of service on Sunday, October 20, with a tribute during the regular 10 a.m. worship service, followed by a special coffee hour reception in her honor in Fellowship Hall at 11 a.m. On that occasion we will present Katrina with a "**Retirement Purse**" of cash gifts that we have gathered from the congregation. If you wish to contribute to her "retirement purse," please make out a check to UUFVB, and put "**Katrina's Retirement Purse**" in the memo line, and send it to the UUFVB Treasurer at 1590 27<sup>th</sup> Avenue, Vero Beach, Florida, 32960.

Checks can also be put in the mailbox marked "Treasurer." Thank you for your generosity in giving Katrina a memorable send-off.

—Submitted by Rev. Scott Alexander

## Sisters in Spirit Explore Intuition, Magic and Emotions

The next meeting of Sisters in Spirit will be at 7 p.m. Thursday, September 19, in the Choir Room. Our speaker, Nina Dockery, will discuss "Using Intuition, Magic & Emotions for Spirituality," based upon a book that she has written. Nina has a doctorate from the University of Massachusetts in Marriage, Family and Child Counseling.

"My studies in the metaphysical realm began in the early 70s, and I've been giving psychic readings for over 35 years, and providing counseling and teaching as well," she says. "Spirituality covers many aspects of ourselves, and we all have to come to some definition, which is uniquely ours, on what it means to be spiritual, and how we get there—if it is a place.

"We are capable of playing in many dimensions--all of which we can use to discover who we really are," Nina continues. "Intuition, magic and emotions are all various ways we tap into the broad perspectives we can gain and grow our spirituality. Paying attention to those aspects of our lives offers us unique and deep perspectives that can't be gathered by thought alone."

You are welcome to bring a friend! There is no charge for each event, but a suggested donation of \$3-\$5 will be collected to pay for speaker's fees. Please RSVP to Elizabeth Borne at [laddborne@comcast.net](mailto:laddborne@comcast.net). We need to have a fairly accurate count to know if we are outgrowing our space!

--Submitted by Elizabeth Borne,  
Your Sister in Spirit



School is back in session. Our snowbird friends will be coming back for another winter season. Life in Vero Beach will be getting back to normal for us all. Now is the time to get involved with the Religious Education Planning Committee (R.E. Committee). We are looking for six volunteers to meet monthly to help plan R.E. events for the rest of the 2019-2020 year. Planning includes potlucks, game nights, small groups, trips, youth service projects, and so much more.

If you think this R.E. Committee is something you would enjoy, please contact Kelly Stephens for more details. Kelly can be reached by e-mail at [youth@uufvb.org](mailto:youth@uufvb.org) or by phone at (772)778-5880.

--Submitted by Kelly Stephens,  
Youth and Family Ministry



## Congregational Record

**Unitarian Universalist Fellowship**  
1590 27<sup>th</sup> Ave., Vero Beach FL 32960  
772-778-5880; [uufvb.org](http://uufvb.org)

**Board of Trustee Officers:** Cate Wenzing, president; Kathy Cossa, vice president; Suzy Bromwell, secretary; Rebecca Hornbuckle, treasurer.

**Trustees:** Sue Burt, Barbara Dunst, Ken Klein, Jonnie Mae Perry, Tom Tierney

**Staff:** Rev. Scott Alexander, Minister; Kelly Stephens, Youth and Family Ministry; Katrina Pascale, Administrator; Paula Herger, Director of Music; Elizabeth Borne, Assistant Music Director; Kristy O'Neal, Sexton; Brenda Neeley, Bridges Director.

[newsletter.uufvb@gmail.com](mailto:newsletter.uufvb@gmail.com)

Deadlines the 1st & 15th each month

**Editor, Bonnie Shelton**



## October Anniversaries and Birthdays

If you are a Fellowship member and your birthday or anniversary is not listed, please let the administrator know.



### Anniversaries

Harry & Susan Schmitke	10/01	Roy Swenson	10/12
Will & Amy McLaughlin	10/03	Kim Lorimier	10/13
Sandy & Dave Siplak	10/04	Judy Miller	10/14
Sue & Larry Nalepa	10/15	Ellen Lagerquist	10/15
Ladd & Elizabeth Borne	10/17	Carl Rantz	10/18
Frank & Karolyne Lucero	10/27	Rod Baker	10/19
Robert & Carol Scofield	10/27	Carol Scofield	10/21
Ada & Roy Swenson	10/30	Marcia Baker	10/22

### Birthdays

Marian Wenzel	10/03	John Brown III	10/25
Gwen Forbes-Wolfe	10/04	Bill Conway	10/27
Michael O'Malley	10/05	Ron Cossa	10/27
Jim Daly	10/10	Andrew Brack	10/30
Robert Scofield	10/10	Rose Gallo	10/30
Richard Fisher	10/12	Zach Mayo	10/30
		Lisa Angell	10/31

## UU Southeast Florida Cluster Meets Oct. 12 in Davie, Florida

The SE Florida Cluster invites you to its interactive fall annual meeting. Join UU friends from congregations across SE Florida to network, make new friends, and share ideas. The theme of the meeting is: Engaging All Ages: Faith Formation, Social Justice, and Outreach. The gathering will be from 9:30 a.m. to 3:45 p.m. on Saturday, Oct. 12, at the River of Grass Congregation in Davie FL.

UUA President Susan Frederick-Gray will offer a video welcome. Key-note speaker will be Kimberly Sweeney, author of "The Death of Sunday School and the Future of Faith Formation."

Our overall purpose is to explore new ways of "Engaging All Ages" to bring new vitality to our congregations, and in the afternoon there will be workshops on a Deeper Look at Faith Development Restructuring, Updating the Welcoming Congregation, a Social Action Roundtable, and Outreach.

Breakfast and lunch are included in the registration fees: \$15 students, \$25 per person in advance, \$30 the day of event. Scholarships may be available. Child care is available at \$25 per child, but you must register by Monday, Oct. 7.

To pay by mail, please mail your check made out to "Southeast Florida Cluster, Inc." to the SE Florida Cluster Registrar, 1420 SE 13 Street, Ft. Lauderdale, FL 33312. Deadline is Monday, Oct. 7 postmark. You may also use PayPal to register.

## Reminder of Upcoming Events

### 6 p.m. Friday, Sept 27, Fourth Friday potluck in Fellowship Hall

Clarice and Rick Helfand will share with us adventures and photographs of their mid-January through mid-May around-the-world cruise. Buffet dinner will begin about 6:45 p.m. and speakers' presentation about 7:30 p.m. Please find the sign-up sheet on the rolling rack to register your guest count and what dish category (to serve at least 8) you would like to bring. A count is needed for the table set-up. Coffee, tea, ice cubes, and water will be served; please bring whatever else you would like to drink. A bottle of wine to share is always appreciated. Please bring your own dishes, cutlery, serving spoons, and plan to wash them at home.

### 11: 30 a.m. Sunday, Sept. 22, in the Library: Discussion of the book DOPE-SICK by Beth Macy

Chronicling the two decades following the introduction of OxyContin in 1996, investigative reporter Beth Macy shows how the drug's over-prescription ended up fueling the current epidemic of heroin abuse. The journalist, who has lived through this tragedy, masterfully interlaces stories of communities in crisis with dark histories of corporate greed and regulatory indifference. Please return all borrowed books at the time of the meeting

## Your Donations Sponsored 19 Children at Bridges Camp

Through the generosity of this Fellowship, 19 children were awarded full or partial scholarships to attend summer camp at Bridges Early Learning Center.

Your thoughtful donations meant that financially-struggling parents of these school agers could continue to work, knowing that the children they love had a caring, fun place to spend summer days. Parents expressed enormous gratitude for the individual gifts that resulted from the sum of your many donations.

The Emerson Center Committee spread a little icing on the cake. The committee agreed to donate to Bridges the proceeds from the inaugural Emerson Center Art and Craft Fair held at the Fellowship this summer. Emerson Committee members expressed this as "family helping family."

All of our contributors should feel like "happy campers" as a result of their generous donations to Bridges campers.

--Submitted by Ginger Heller

## Artists' Reception on Sept. 26

Now showing in the Emerson Art Gallery is "Abstract Expressions," which will run until **October 31**. Participating artists include Hector Cruz, Richard Fisher, Julie Ann Hewitt and Leslie Stokes. An artists' reception will be from 5:30 to 7:30 p.m. on Thursday, September 26. Hope you can join us.

--Submitted by Dawn Orre