

The Congregational Record

OF THE UNITARIAN UNIVERSALIST FELLOWSHIP OF VERO BEACH



February 1, 2019

Brunch Offered on February 10

You are invited to the 2019 Fellowship brunch that will be held immediately after services on Sunday, February 10. We will all be treated to a wonderful meal prepared by Toojay's and managed by a host of UUFVB volunteers. No reservations are necessary.

--Submitted by John Maher

New Members To Be Introduced

Sunday, February 3, during regular services, members who have joined our Fellowship in the last year will be introduced to the congregation. This is always a happy occasion, and we hope you will be able to join in welcoming them.

--Submitted by Jean Panuto,
Membership Committee Chair

Yard & Bake Sale Is on February 23

Now is the time to get rid of STUFF in your home, garage or storage bin and bring it to Fellowship Hall from February 18 to 22. You have gone to yard and garage sales so you know what we want. Big sellers in the past have been bicycles and golf clubs.

Also we need help all that week pricing and displaying the donated items. There is a sign-up sheet on the rolling cart. Please add your name to it.

--Submitted by Spike Vrusho,
Fund Raising Chair

Valentine's Day Dinner & Workshops

Valentine's Day is almost here. Don't make your boring dinner reservation again, come join us at our Valentine's Dinner and Workshop Event at 5 p.m. on Thursday, February 14. We will start the evening with a simple dinner of pizza and salad. Then we will break off into groups for a workshop of your choice.



Join Bonnie Howard in slow movements of QiGong and Breathing. You can participate with Limary Lorenzo in a Conscience Eating workshop. Or if you feel like pampering yourself, learn new techniques on how to make yourself look glamorous in the Make-up Tutorial workshop hosted by Kristina Pernfors and Ingrid Hernandez. Or you can go deep inward and look at what dreams mean in a workshop titled Dreams Come True facilitated by Sue Burt.

So spice Valentine's Day up this year and join us on this fun night for you and your date! Cost is \$5 per adult and free for kids. Pay cash or check at the door. Dinner will start at 5 p.m. and workshops will start at 6 p.m. Sign up by Sunday, February 10, with Kelly Stephens, or by calling the office at 772-778-5880, or by e-mail at youth@uufvb.org

We look forward to spending a lovely Valentine's Day with you!

--Submitted by Kelly Stephens,
Youth and Family Ministry

"Queen of Katwe" Is the February 15 Movie

"Queen of Katwe," a 2016 film directed by Mira Nair, is based on the true story of a young chess champion, Phiona Mutesi (played by Madina Nalwanga). Growing up in Katwe, a slum of Kampala, Uganda, is a constant struggle for 10-year-old Phiona, her mother (Lupita Nyong'o) and siblings. But her life begins to change when she meets Robert Katende (David Oyelowo), a missionary who teaches children how to play chess.

In a *NY Times* review, A.O. Scott writes, "Ms. Nalwanga's watchful, quiet presence conveys both shyness and determination, a habit of humility in tension with an almost superhuman intelligence. Phiona's awakening sense of her talent is the engine that drives the main plot of "Queen of Katwe" and also what makes it an affecting character study. When she starts to learn chess, she can barely read, and her growing awareness of the powers of her mind is thrilling to watch. Ms. Nair makes this process as visible, as palpable, as irresistible, as any boxing match or soccer game."

There is no charge for Friday Night at the Movies. Just come to the Lobby of UUFVB at 7 p.m. on Friday, February 15. There will be free popcorn and friendly discussion afterward. Come and enjoy!

--Submitted by Beverly Doherty



Calendar



Saturday, February 2, 2019

9 am Aging Workshop, FH
9:30 am Buddhist Meditation, L

Sunday, February 3, 2019

10 am Sunday Service
11:30am Music Cmte, Choir Rm

Monday, February 4, 2019

2 pm Adult RE - Ethics daytime, L
4 pm Emerson Pre-Production, OB Rm
7 pm ORCA Documentary

Tuesday, February 5, 2019

9:30 am Facilitator Circle, Choir Rm
1 pm Adult RE, L
4 pm Emerson Cmte, L
6 pm 50+ Singles Potluck, FH

Wednesday, February 6, 2019

10 am Yoga Experience, Lobby
2 - 4 pm Fair Trade OPEN
4 pm Social Justice, L
6:30 pm Choir Rehearsal

Thursday, February 7, 2019

9 am Bridges Grad Practice, S
5 pm Covenant - Jen S., OB Rm
5 pm Meet the Artist, Lobby
7 pm Humanities

Friday, February 8, 2019

9:30 am Open Art Studio, L
4 pm Coalition Racial Justice, L
7 pm Live! from Vero

Saturday, February 9, 2019

9:30 am Buddhist Meditation, L

Sunday, February 10, 2019

10 am Sunday Service
11:30 am Stewardship Brunch, FH

Monday, February 11, 2019

11 am Exec. Cmte
2 pm Adult RE - Ethics daytime, L
4 pm Emerson Pre-Production, OB Rm
7 pm Covenant - Terry M, OB Rm

Tuesday, February 12, 2019

10 am Covenant – Georgeann, Choir Rm
1 pm Covenant - Suzy B, OB Rm
2 pm Covenant - E Deschatres, L
3:30 pm Covenant – Anna, OB Rm
7 pm Live! from Vero

Wednesday, February 13, 2019

10 am Yoga Experience, Lobby
10 am Facilities Council, L
10 am Bridges Committee, OB Rm
2 - 4 pm Fair Trade OPEN
4 pm Covenant - Peace of Mind, OB Rm
6:30 pm Choir Rehearsal

Thursday, February 14, 2019

9 am Bridges Grad Practice, S
1 pm Covenant – Snowbirds, L
2 pm Covenant - Jim M, OB Rm
4 pm Finance, L
5 pm Night Together Dinner & Wrkshps

Friday, February 15, 2019

9:30 am Open Art Studio, L
12 Noon Newsletter Articles Due
1:30 pm Covenant - Laura G, L
2 pm Covenant - Anne Trainor, OB Rm
7 pm Friday Night Movie

Saturday, February 16, 2019

9:30 am Buddhist Meditation, L
3 pm New Member Reception, Lobby

Sunday, February 17, 2019

10 am Sunday Service
11:30 am Intro to UU, L
1 pm Meet the Artist, Lobby

Monday, February 18, 2019

OFFICE CLOSED
Yard Sale set up, FH
2 pm Adult RE - Ethics daytime, L
6:30 pm Treasure Coast Humanists,
Choir Rm
7 pm Covenant – Woody, L

Sunday Services — 10 a.m.— childcare available

February 3 – “**Finding Meaning and Spirit in Aging,**” the Rev. Dr. Bruce Marshall preaching. Rev. Scott W. Alexander will conduct the service. Scott writes: "On this Sunday when we officially welcome our many new members, the Rev. Dr. Bruce Marshall, author of the best-selling UUA book *In later Years: Finding Meaning and Spirit in Aging*, will deliver the message. The day before -- Saturday, February 2 -- Rev. Marshall will be leading a workshop on the same important subject in the Fellowship Hall, for which you can sign up on the rolling cart. Rev. Marshall (who has been a friend of mine for more than 40 years) was ordained into the UU ministry in 1975. He has ably served congregations in New York, Ohio, Maryland and Tennessee, and is known for his thoughtful and provocative writing and preaching. You will not want to miss this Sunday at UUFVB, regardless of your age!"

February 10 – **STEWARDSHIP AND BRUNCH SUNDAY**--“**Everything I Know about Unitarian Universalism...in 27 Minutes Flat,**” Rev. Scott W. Alexander preaching. Scott writes: "On this Sunday -- when we officially begin our Stewardship Campaign to sustain our congregation for the next year...and share in a catered congregational lunch at 11 a.m. -- I will attempt to summarize the substance and spirit of our free faith...in less than half an hour! Please join us for this festive Sunday of fellowship and camaraderie."

February 17 – “**What to Do When You Feel Helpless,**” Rev. Scott W. Alexander preaching. Scott writes: "All of us – from time to time in our lives – feel helpless (powerless) when we are confronted by complicated, terrible and difficult circumstances. Whether we are talking about difficulties our own personal lives; tragedies amongst our families, neighbors and friends; or even terrible upheavals in our nation and world, we all eventually experience that sinking feeling of helplessness. There are, of course, no “magic bullets” that we can always count on to alleviate feeling powerless, but I do believe human beings have remarkable powers to find a positive path out of helplessness."

President's Column: Leadership

These are some of the ideas I took away from a recent workshop presented by Connie Goodbread of the UUA: Leadership is the spiritual practice of discerning what one believes, acting on that belief in the public arena, and standing by your belief. We must think, act, and communicate from the inside out. UUs transcendental values are love, justice and joy, and therefore we all must work for love, justice and joy. Not only in our UU congregation, but out in the world where many people don't agree with us. This is our mission. Leaders lead and serve the mission. We hope that you will join our leadership team, and help serve our mission.



--Submitted by Cate Wenzing, Board President

Sunday Fund Nominations Due

February 24 is the deadline to submit a request for consideration by the Sunday Fund Committee, for organizations to receive our plate collections. Nomination forms are available in the office Sunday Fund mailbox and at the Social Justice table each Sunday. Please return your completed request form to the Sunday Fund mailbox soon. Thank you.

--Submitted by Stacey Morrison

Changes Occur In Choir Membership

The choir is excited to welcome new members David and Laura Driver, Violante Fioravanti and Leon Sterle! At the same time, we are so sorry to see long-time member Joyce Levi, and more recent member Pat Warner, go into choir retirement. They will be greatly missed.

It seems there is an ongoing ebb and flow to our membership. Please feel free to join us for the year, the season, or an occasional solo or instrumental performance. We welcome all singers and musicians.



The Music Committee is meeting at 11:30 a.m. Sunday, February 3, in the Choir Room. If you

have suggestions for music or programs, please attend or share with any choir member.

--Submitted by Sue Nalepa,
Music Committee Chair

Becoming by Michelle Obama Is February Book Club Selection

Michelle Obama's book, *Becoming*, is the book we will be reading this month and discussing on February 24. It was the best-selling book of 2018. The former First Lady's memoir recounts with insight, candor and wit her family's trajectory from the Jim Crow South to Chicago's South Side and her own improbable journey from there to the White House.

In her book, a work of deep reflection and mesmerizing storytelling, Michelle Obama invites readers into her world, chronicling the experiences that have shaped her. With unerring honesty, she describes her triumphs and disappointments, both public and private, telling her full story as she lived it, in her own words and on her own terms. Warm, wise and revelatory, *Becoming* is the deeply personal reckoning of a woman of soul and substance who has steadily defied expectations, and whose story inspires us to do the same.



Our book group has decided to purchase 12 books and donate them to St. Lucie County's Book in the Box program. Books will be available for distribution in UUFVB's Friendship Hall every Sunday in February after services. We will be sharing 12 copies of the book. Please understand if you have to wait for a copy - or better still - try to obtain one from the library. Please return the book you borrowed as soon as you have finished reading it. This remarkable book will be discussed at 11:30 a.m. on Sunday, February 24, in the Library. Anyone interested is invited to attend. We hope you will join us.

--Submitted by Terry Domino

Submit Your Tough Questions for an Interactive Sermon Experience

On Sunday, March 3, during the regular Sunday service, the Rev. John Corrado and the Rev. Scott Alexander are going to answer all your toughest (and most important) questions in a unique "interactive sermon." For this "interactive sermon experience" to be a success, we need your questions--be they theological, spiritual, religious, ethical, cultural, anthropological, environmental, or other. We will not be addressing political questions (at least not overt ones!). Please help us by sending your questions to minister@uufvb.org. The Rev. John Corrado is Rev. Alexander's long-time friend and colleague who has visited our pulpit every winter for the past several years. UUFVB Worship Committee member Wally Friesen (who was once board chair at the Grosse Pointe Unitarian Church that Rev. Corrado served for many years) will pose the questions and moderate the discussion. So send us your questions and be sure to join us on March 3 for this unique experience.

--Submitted by Rev. Scott Alexander

Transitional Housing Meal Donations and Workers Needed

The response to the January transitional meal donations was wonderful! It is so gratifying to see the list fill up quickly. Thanks to everyone who participated, and especially to Jennifer Hadel, Donna Brewer and Sue Rumble, who assembled and delivered the meals.

We are preparing Chinese chicken casserole for the February 26 meal for persons in transitional housing. The sign-up sheet will be found on the rolling rack. Please remember to put your name on any donations and indicate that they are for the meals program. Can or ounce sizes are given for convenience. As long as the total amount is close to that listed, any sizes will do. Donations may be left in the UUFVB kitchen anytime, as long as they are there by 1 p.m. on February 26. If you have any questions, please contact Kathy Barnes, 772-925-9338 or Jennifer Hadel, 772-617-2971.

--Submitted by Kathy Barnes

UUFVB Well Represented at MLK Parade

On January 21, 70 to 80 of UUFVB's finest, decked out in their day-glow pink T-shirts, showed up to march in the Martin Luther King, Jr. parade in Gifford. Despite the morning chill, spirits remained high and the temperature rose



just in time for us to enjoy the bar-b-que and sweet potato pie at the park.

As always, we were enthusiastically embraced by the entire Gifford community. One of our new members remarked that the march was truly a spiritual experience. We send out a special thank you to Dick and Pat Atkinson

for once again sharing their boat for those who were unable to walk. Al and Gale Parmentier provided their truck which pulled 'The Ark of Justice.' Angie Love kept us rockin' with music, and the Fair Trade Corner came armed with 'Standing on the Side of Love' placards. Thanks, everyone, for your support of this long-time social justice outreach project.

--Submitted by Dick Haight and Dave Jansen

Women Have Lunch at Italian Kitchen

UU Ladies Who Lunch will be dining at 12 p.m. on Thursday, February 14, at Italian Kitchen located at 2180 58th Ave. in the Ryanwood Shopping Plaza. All female members and friends are invited. Be sure to sign up on the reservation list located on the rolling racks outside of Fellowship Hall. People who sign up for the lunch and fail to cancel, after receiving a reminder email, will be expected to donate \$5 to the Minister's Discretionary Fund.

--Submitted by Marion Vrusho

February 7 Is Men's Luncheon

UU Men Eating Out at the First ThUUrdsday LUUnch Buunch will be dining at 12 p.m. on Thursday, February 7, at MoBay Grill located at 1401 Indian River Dr. in Sebastian. All male members and friends are invited. Be sure to sign up on the reservation list located on the rolling racks outside of Fellowship Hall. People who sign up for the lunch and fail to cancel, after receiving a reminder email, will be expected to donate \$5 to the Minister's Discretionary Fund.

Artists Reception on February 17

If you missed the Foyer Gallery artists reception in January, you will have another chance to meet the artists from 1 to 3 p.m. on Thursday, February 17. The "All Around the Town" exhibit includes paintings and photography of local scenes and places. Fourteen artists are showing their works in the gallery.

The February reception will feature **Sean Sexton**. He will not only be showing his outstanding paintings, but also will be reading from his new book of poems during the reception. I would like to thank everyone for their support.



--Submitted by Dawn Orre



Congregational Record

Unitarian Universalist Fellowship
1590 27th Ave., Vero Beach FL 32960
772-778-5880; uufvb.org

Board of Trustee Officers: Cate Wenzing, president; John Maher, vice president; Suzy Bromwell, secretary; Rebecca Hornbuckle, treasurer.

Trustees: Paul Amaru, Sue Burt, Kathy Cossa, Terry Domino, Tom Tierney

Staff: Rev. Scott Alexander, Minister; Kelly Stephens, Youth and Family Ministry; Katrina Pascale, Administrator; Paula Herger, Director of Music; Elizabeth Borne, Assistant Music Director; Kristy O'Neal, Sexton; Brenda Neeley, Bridges Director.

newsletter.uufvb@gmail.com

Deadlines the 1st & 15th each month

Editor, Bonnie Shelton

Affiliate Ministers from Many Backgrounds to Provide Services to the UUFVB Congregation

As I reported in the last UUFVB newsletter, our congregation is blessed with 10 Affiliate Ministers from a variety of denominational and spiritual backgrounds who are active with our Fellowship, and who will be (from time to time) offering their ministerial expertise to our congregation. They are as follows.

John Brock – John is a Vietnam vet and UU minister. He graduated from Yale Divinity School and was a therapist for 22 years at a VA “**Vet Center**” out-patient clinic. He is now a retired seasonal resident in Vero with his wife, Marty Deering.

John Brown – John is a United Methodist minister (and year-round Vero resident with his wife, Maggie) whose ministry has been focused on pastoral care and facilitating small groups – attending to the emotional and spiritual growth of both groups and individuals. He is active with adult enrichment classes here at UUFVB.

Crystal Bujol – Crystal has been focused on what I shall call her “expansive ministry” and individual spiritual counseling for the past 48 years. She established several religious institutions and congregations in California, served in a prison ministry, and over the last 14 years has served both the Gifford Youth Orchestra (as founder and artistic director) and our congregation in many ways.

Jim Gleaves – Jim is an ordained Disciples of Christ minister who, over the 45 years of his long career, served several congregations and has been active in this congregation for years.

Leo Hourihan – Leo is ordained in the United Church of Christ, and has served as a pastoral minister for 35 years –serving churches in Vermont, Massachusetts, and Rhode Island before retiring from the Amherst, MA Congregational Church. His last 12 years of ministry were spent as an intentional interim minister in five New England churches. He and his wife, Sheila, are seasonal residents in Vero.

Charles Johns – Chuck is an ordained United Methodist minister who served several congregations in Eastern Pennsylvania before becoming the district superintendent in that region. He and his wife, Gail, are seasonal residents of Vero, actively attend UUFVB, and also belong to a United Methodist congregation in Phoenixville, PA, where they spend their summers.

Gene Lynch – Gene was ordained as a Unity minister in 1999, and served three Unity congregations for the next 15 years. He writes, “the focus of my work was to encourage and facilitate a healthy, loving community in which its members minister to each other and the wider world.” His wife, Carolyn Wehle, sings in our choir and is on our Pastoral Care Team.

Charles McNatt – Charles is a United Methodist minister who served three churches in Ohio, and was also a professional paramedic for many years. He and his wife, Kendra, are year-round residents in Vero Beach.

Sarah York – Sarah is a retired UU parish minister who, over four decades, served churches in New York, Maryland, Florida, Virginia, North Carolina, and California. Her current part-time ministry includes offering spiritual direction and serving the UUA as Consultant for Ethics in Congregational Life. She and her husband Chuck – who have been personal friends of mine for decades – moved to Vero Beach in 2018

Carole Yorke – Carole is a mostly-retired UU minister who lives in Port St Lucie with her (count them) 5 dogs! Over the years of her settled ministry she has served three UU congregations in Florida. In retirement she preaches throughout the state, has served this congregation as Community Minister for several years, and regularly assists me with worship.

We are fortunate to have these trained and talented ministers in our midst and welcome them as they fill many roles in the future.

--Submitted by Rev. Scott Alexander