

Topic 7 2012: Sharing – July 2012
Ingathering and housekeeping: such as next meeting place day and time.

Light the Chalice

Check-in

Opening Words:

Give all that thou canst; high Heaven rejects the lore

Of nicely calculated less or more.

*William Wordsworth, **Ecclesiastical Sonnets***

Topic Introduction:

Long struggles of personal wondering, searching, and growing can bring us much joy, which in turn demands expression. Enriching is what we do when we express that joy by giving to others in ways that enhance their lives. Enriching serves many purposes. It allows us to get out of our heads, to practice what we have learned, to find agreement that we are on the right track for us, and to give without the expectation of getting anything back in return.

Sharing deep listening:

- **In what ways do you enrich others' lives? What do you get out of this giving?**
- **Describe a time in your life when someone enhanced your life in a meaningful way. How did you accept it? How did this gift change you?**
- **How important is giving to you? How do you set healthy boundaries for yourself to prevent burnout?**

Topic discussion

Likes and Wishes

Closing Words:

They please, are pleased, they give to get esteem.

Till, seeming blest, they grow to what they seem.

*Oliver Goldsmith, **The Traveller***

Extinguish the Chalice