

Topic #4 2012: Discovering – April 2012
Ingathering and housekeeping: such as next meeting place day and time.

Light the Chalice

Check-in

Opening Words:

When my daughter was small she got the dubious part of the Bethlehem star in a Christmas play. After her first rehearsal she burst through the door with her costume, a five-pointed star lined in shiny gold tinsel designed to drape over her like a sandwich board. “What exactly will you be doing in the play?” I asked her. “I just stand there and shine,” she told me.

*Sue Monk Kidd, **When the Heart Waits***

Topic Introduction:

At the moment of discovery, our perceptions shift to see something in a way not seen before, a “paradigm shift.” Discoveries may spontaneously ignite an “AHA!” moment, or they may take years to evolve. Sometimes we stumble upon them, sometimes chance upon them, sometimes detect them one small piece at a time, while sometimes discoveries are thrust upon us like cold water.

Sharing deep listening:

- **Take a minute to share one of your spiritual beliefs. Where did it come from? Have you always held this belief or did you embrace it later in life?**
- **Describe a situation where you deliberately chose not to reveal personal convictions. Did you experience regret? Why or why not?**
- **Each of us adheres to boundaries about what we share with others. How would you portray your personal boundaries about divulging personal information?**
- **Is there such a thing as too much sharing? When can sharing cross personal boundaries and become a burden on the listener?**

Topic discussion

Likes and Wishes

Closing Words:

This is intimacy; its touch is ever new, revealing the precious moments we have to love and connect with things. No love is ever lost in this universe.

*Gunilla Norris, **Becoming Bread***

Extinguish the Chalice